

# HOW TO SAVE ENERGY IN OUR HOMES



1

## HEATING AT 20°C MAX

Lowering the temperature  
by 1°C saves up to 10%  
energy



2

## WARM CLOTHING

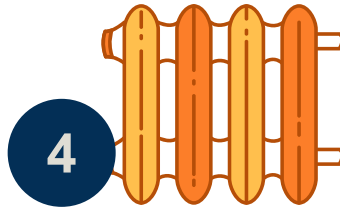
Wool clothing instead  
of the extra degree



3

## AIR BROADLY BUT BRIEFLY

To refresh the air without  
cooling it down



4

## CLEAR THE SPACE AROUND RADIATORS

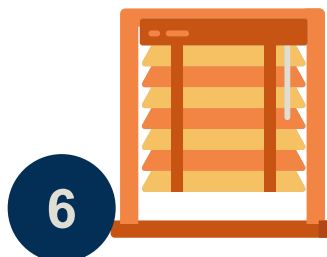
To let warm air circulate



5

## TAKE A SHOWER INSTEAD OF A BATH

To save hot water



6

## CLOSE BLINDS AND SHUTTERS AT NIGHT

To minimize heat loss  
through windows



7

## NO SUPPLEMENTARY ELECTRIC HEATERS

They consume  
far too much electricity